**Fwd: RCH Spring SIM Dates and planning**

HA

Holder, Abigail [FH]<Abigail.Holder@fraserhealth.ca>

​

Fri 2024-05-24 10:55 AM

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**From:** Holder, Abigail [FH] <Abigail.Holder@fraserhealth.ca>  
**Sent:** Thursday, May 23, 2024 3:16 PM  
**To:** Beaudoin, James [FH] <James.Beaudoin@fraserhealth.ca>; Kaitlyn Maguire <maguirek@myumanitoba.ca>; Wickham, Caitlin [FHA] <Caitlin.Wickham@fraserhealth.ca>  
**Subject:** RE: RCH Spring SIM Dates and planning

Hi everyone,

A few things from the last heatwave –

·       when it got hot we stocked the patient fridge (in the ISO hall) with NS 1L bags. I think we should do the same if it happens again.

·       We also used ice packs to cool patients (some hospitals had ice machines that broke, and then had to get ice from local stores etc. It was an issue!)

·       For people who were critically unwell we rapidly cooled using a modified “ice bath” with ice and water in a body bag to surround them (obviously not zipped up, but almost used like a kids wading pool). I checked with Tom Green this afternoon (bc of his event medicine background and experience with heat stroke and heat exhaustion) and he said cold water immersion is definitely the best/quickest way to treat, that the temp should be 4 degrees, and that most other methods especially just evaporative cooling really isn’t effective… There is no new evidence that he knows of saying otherwise

·       We have 3 bearhuggers but they can only go down to 32 degrees

·       We have a blanketrol but it is hard to use…

I don’t think we can actually change the temperature in the trauma room. I know there is a thermostat but I think FMO would need to be called to do it… And we would also call them to get access to the limited fans they have available.

Hope that helps.

A

**From:** Beaudoin, James [FH] <James.Beaudoin@fraserhealth.ca>  
**Sent:** Thursday, May 23, 2024 11:27 AM  
**To:** Kaitlyn Maguire <maguirek@myumanitoba.ca>; Wickham, Caitlin [FHA] <Caitlin.Wickham@fraserhealth.ca>  
**Cc:** Holder, Abigail [FH] <Abigail.Holder@fraserhealth.ca>  
**Subject:** RE: RCH Spring SIM Dates and planning

See my responses in red below!!

James

**From:** Kaitlyn Maguire <[maguirek@myumanitoba.ca](mailto:maguirek@myumanitoba.ca)>  
**Sent:** Thursday, May 23, 2024 11:03 AM  
**To:** Wickham, Caitlin [FHA] <[Caitlin.Wickham@fraserhealth.ca](mailto:Caitlin.Wickham@fraserhealth.ca)>  
**Cc:** Beaudoin, James [FH] <[James.Beaudoin@fraserhealth.ca](mailto:James.Beaudoin@fraserhealth.ca)>; Holder, Abigail [FH] <[Abigail.Holder@fraserhealth.ca](mailto:Abigail.Holder@fraserhealth.ca)>  
**Subject:** Re: RCH Spring SIM Dates and planning

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Hey all,

I thought I would send a long the SIM we were planning on using and some questions I had.

Logistics questions: 1) Who does the intro to the mannequin? Caite and team run the SIMS and are responsible for the SIM mannequin. I have not met them yet! 2) Who typically does the pre-brief? Caite and team here again.  They set the scene prior to commencing.

In situ questions/ideas: We are planning on doing a heat stroke case, with the primary goal being to review cooling techniques, and secondary goal being to discuss how we could "scale up" in a heat wave scenario.

1. How do we get cooled IV fluid in RCH ER? Do we have a fridge in trauma bay? We have a small fridge in trauma.  There is two one litre NS bags in there at all times
2. How many bare huggers do we have? (rough estimate) I believe we have three in trauma currently.  I can confirm
3. Do we have misting or fans available? No.  not that I am aware of.  I feel that we might be able to make something if we needed to for convection cooling.
4. Can we change the temperature of our trauma bay? Yes.  Thermometer on the wall by US machine.

Looking forward to hearing from you,

Katie

Katie Maguire, MD

FRCPC Emergency Medicine

Royal Columbian Hospital | Eagle Ridge Hospital | Vancouver General Hospital

Cell: 204 471 0293

**From:** Wickham, Caitlin [FHA] <[Caitlin.Wickham@fraserhealth.ca](mailto:Caitlin.Wickham@fraserhealth.ca)>  
**Sent:** Tuesday, May 7, 2024 11:07 AM  
**To:** Kaitlyn Maguire <[maguirek@myumanitoba.ca](mailto:maguirek@myumanitoba.ca)>  
**Cc:** Beaudoin, James [FH] <[James.Beaudoin@fraserhealth.ca](mailto:James.Beaudoin@fraserhealth.ca)>; Holder, Abigail [FH] <[Abigail.Holder@fraserhealth.ca](mailto:Abigail.Holder@fraserhealth.ca)>  
**Subject:** RE: RCH Spring SIM Dates and planning

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| **Caution!** This message was sent from outside the University of Manitoba. |

Perfect! I’ll send out the new calendar hold.

Chat soon,

Caite

**From:** Kaitlyn Maguire <[maguirek@myumanitoba.ca](mailto:maguirek@myumanitoba.ca)>  
**Sent:** Sunday, May 05, 2024 7:30 PM  
**To:** Wickham, Caitlin [FHA] <[Caitlin.Wickham@fraserhealth.ca](mailto:Caitlin.Wickham@fraserhealth.ca)>  
**Cc:** Beaudoin, James [FH] <[James.Beaudoin@fraserhealth.ca](mailto:James.Beaudoin@fraserhealth.ca)>; Holder, Abigail [FH] <[Abigail.Holder@fraserhealth.ca](mailto:Abigail.Holder@fraserhealth.ca)>  
**Subject:** Re: RCH Spring SIM Dates and planning

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Hey,

Thanks for getting back to me.

Let's switch to May 28th at 8 am.

Thanks for your flexibility. I will reach out to the EP on that am!

Katie

Katie Maguire, MD

FRCPC Emergency Medicine

Royal Columbian Hospital | Eagle Ridge Hospital | Vancouver General Hospital

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**From:** Wickham, Caitlin [FHA] <[Caitlin.Wickham@fraserhealth.ca](mailto:Caitlin.Wickham@fraserhealth.ca)>  
**Sent:** Thursday, May 2, 2024 9:40 AM  
**To:** Kaitlyn Maguire <[maguirek@myumanitoba.ca](mailto:maguirek@myumanitoba.ca)>  
**Cc:** Beaudoin, James [FH] <[James.Beaudoin@fraserhealth.ca](mailto:James.Beaudoin@fraserhealth.ca)>; Holder, Abigail [FH] <[Abigail.Holder@fraserhealth.ca](mailto:Abigail.Holder@fraserhealth.ca)>  
**Subject:** RE: RCH Spring SIM Dates and planning

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| **Caution!** This message was sent from outside the University of Manitoba. |

Oof, my apologies – I am at Burnaby all day May 31 for some redevelopment simulations… but May 28 still works.

Sorry!

**From:** Kaitlyn Maguire <[maguirek@myumanitoba.ca](mailto:maguirek@myumanitoba.ca)>  
**Sent:** Wednesday, May 01, 2024 9:53 PM  
**To:** Wickham, Caitlin [FHA] <[Caitlin.Wickham@fraserhealth.ca](mailto:Caitlin.Wickham@fraserhealth.ca)>  
**Cc:** Beaudoin, James [FH] <[James.Beaudoin@fraserhealth.ca](mailto:James.Beaudoin@fraserhealth.ca)>; Holder, Abigail [FH] <[Abigail.Holder@fraserhealth.ca](mailto:Abigail.Holder@fraserhealth.ca)>  
**Subject:** Re: RCH Spring SIM Dates and planning

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Hi all,

Sorry to bring up May dates one more time. May 27th and May 28th and May 31st work really well for me, and May 29th has become a bit hectic.

Wanted to check in who was planning on being there for the May date, and if still some flexibility.

If May 29th is the only day that works, I can make it work!

Katie

Katie Maguire, MD

FRCPC Emergency Medicine

Royal Columbian Hospital | Eagle Ridge Hospital | Vancouver General Hospital

Cell: 204 471 0293

**From:** Kaitlyn Maguire  
**Sent:** Thursday, April 25, 2024 5:36 PM  
**To:** Wickham, Caitlin [FHA] <[Caitlin.Wickham@fraserhealth.ca](mailto:Caitlin.Wickham@fraserhealth.ca)>  
**Cc:** Beaudoin, James [FH] <[James.Beaudoin@fraserhealth.ca](mailto:James.Beaudoin@fraserhealth.ca)>; Holder, Abigail [FH] <[Abigail.Holder@fraserhealth.ca](mailto:Abigail.Holder@fraserhealth.ca)>  
**Subject:** Re: RCH Spring SIM Dates and planning

Hey Caite,

Please send some options!

Katie

On Apr 25, 2024, at 3:10 PM, Wickham, Caitlin [FHA] <[Caitlin.Wickham@fraserhealth.ca](mailto:Caitlin.Wickham@fraserhealth.ca)> wrote:

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That all works for me!

Katie - let me know if you have scenarios in mind already for these topics, or if I can help by searching our sim database for a heat stroke and trauma scenario to send your way :)

Thanks,

Caite

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**From:** Kaitlyn Maguire <[maguirek@myumanitoba.ca](mailto:maguirek@myumanitoba.ca)>  
**Sent:** Thursday, April 25, 2024 2:38:53 PM  
**To:** Wickham, Caitlin [FHA] <[Caitlin.Wickham@fraserhealth.ca](mailto:Caitlin.Wickham@fraserhealth.ca)>; Beaudoin, James [FH] <[James.Beaudoin@fraserhealth.ca](mailto:James.Beaudoin@fraserhealth.ca)>; Holder, Abigail [FH] <[Abigail.Holder@fraserhealth.ca](mailto:Abigail.Holder@fraserhealth.ca)>  
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Hey all,

I believe consensus is :

May 29th - 8 am

June 20th - 11 am

For topics,

NRP moved to fall.

May - Heat Stroke

June - Trauma themed.

Any other concerns?

Katie

Katie Maguire, MD

FRCPC Emergency Medicine

Royal Columbian Hospital | Eagle Ridge Hospital | Vancouver General Hospital